



**1. Unidade curricular (UC)/Curricular Unit**

**a) Designação:** *Emoção e Moralidade: perspectivas interdisciplinares.*

**Name:** *Emotion and Morality: interdisciplinary perspectives.*

**b) Número de vagas/Vacancies:** 15

**2. Pequeno texto introdutório que deve refletir, o enquadramento da UC proposta na oferta curricular da NOVA FCSH, bem como, o carácter inovador ou a complementaridade com outras UC's existentes.**

Understanding morality and emotion has occupied scholars since the days of Plato and Aristotle, and this study has become increasingly interdisciplinary over the past few decades. This course will engage in a multidisciplinary voyage through historical, literary, philosophical, sociological, artistic, anthropological and biological debates concerning this relationship, challenging self-containing disciplinary views on the nature and importance of this symbiosis. It encourages an integrative analysis that covers various methodological angles (mixing theoretical and experimental approaches), ensuring careful and heterogeneous reflections. The treatment and interconnection of diverse perspectives is in line with NOVA FCSH's response to the evolving landscape within the Humanities, and means the course is designed for students from a wide variety of fields and backgrounds.

**3. Código da unidade curricular/Curricular unit code:** [Não Preencher]

**4. Faculdade/Faculty:** Faculdade de Ciências Sociais e Humanas

**5. Unidade de Investigação/Research Unit:** IELT <https://ielt.fcsh.unl.pt/>

**6. Curso/Course:** Opção livre aberta a todos os cursos de mestrado

**7. Nível do curso/Course Level:** Mestrado

**8. Carácter da unidade curricular:** Opcional/*Optional*

**9. Tipo da unidade curricular/Type of curricular unit:** Unidade Curricular Lectiva opcional

**10. Percentagem de aulas práticas/Percentage of practical classes:** 50%

**11. Ano do plano de estudos/Syllabus year:** 21/22

**12. Semestre/Semester:** 2nd

**13. Número de créditos/Number of credits (1 crédito = 28h):** 10 ECTS

**14. Docente ou Investigador responsável/Teacher or principal researcher:**

Sara Graça da Silva, IELT, NOVA FCSH (ao abrigo da norma transitória)



**Docentes convidados:**

Alba Morollon Diaz-Faes, IELT, FCSH  
Ana Falcato - IFILNOVA, NOVA FCSH  
Carla Fernandes - ICNOVA, NOVA FCSH  
Carlos Augusto Ribeiro - IELT, NOVA FCSH  
Diogo Marques, IELT, NOVA FCSH  
Filippo Bonini Baraldi - INET-MD, NOVA FCSH  
Francisca Alves Cardoso - CRIA, NOVA FCSH  
Hugo Silva - IST, UL

**15. a) Número de horas por sessão/Number of hours per session:** (3h mestrado)

**b) Número de sessões por semestre/Number of sessions per semester:** 14 (mestrado)

(only 14 sessions out of possible 16 contemplated to account for holiday periods).

**c) Periodicidade/periodicity:** Semanal

**d) Período de funcionamento/Class period:** 21 de Fevereiro de 2022 a 3 de Junho de 2022

**16. Objetivos da unidade curricular/Learning objectives**

Through a multidisciplinary analysis of the concepts of emotion and morality, it is intended to promote a greater awareness of notions of identity and selfhood, demonstrating how different layers of humanity and interaction affect and define us. This will encourage a better understanding of our lives, actions and reactions, as a complex ecosystem that not only adapts (with varying degrees of success) to the environment in which it operates, but transforms it, and is irrevocably transformed by it. Some objectives include:

- survey a historiography on theories of emotion and morality;
- discuss multidisciplinary perspectives on this relationship encouraging dialogues between fields of knowledge which do not usually intercommunicate, providing students with teaching by experts;
- promote and develop critical and interpretive thinking skills regarding this symbiosis anchored on various sources, dimensions and stimuli;
- explore practical/experimental approaches to these debates transversally to all sessions in order to demonstrate how a better understanding of these dynamics can impact on the way we perceive ourselves and others, ultimately benefiting social relationships.

**17. Competências gerais do grau/General skills of the degree:** a); b); c); d); e); f)

**18. Competências específicas do curso/Specific Course skills:** Não aplicável./Not applicable.



**19. Requisitos de frequênci/*Attendance requirements:* [Não aplicável]**

**20. Conteúdo da unidade curricular/*Syllabus* (máx. 200 palavras):**

The self, understood as an organism with a body, memories, emotions, desires, values, and culture specific narratives, is a complex ecosystem. This specificity of layers of experience impacts deeply on the way we perceive (or want to be perceived) ourselves and others, physically, morally and emotionally. It is through our emotions that we build social identities, judge right from wrong, place value on varied phenomena, and feel motivated to (re)act according to shared, collective values. We are what matters to us.

1. Course introduction I: a brief history of emotion (Sara Graça da Silva);
2. Course introduction II: a brief history of morality (Sara Graça da Silva);
3. Shame: philosophical considerations (Ana Falcato);
4. Queer Outsiders in Fairy Tales: Monstrous Heroes and Villains (Alba Morollon Diaz-Faes);
5. Senses and emotions: smell and the moralisation of the other (Sara Graça da Silva);
6. Music and emotion (Filippo Baraldi);
7. Emotion and the visual arts (Carlos Augusto Ribeiro);
8. Motion and emotion: technological mediation and interfaces (Diogo Marques)
9. Emotion, morality and human osteology (Francisca Alves Cardoso);
10. Biometrics and emotions: an experimental approach (Hugo Silva);
11. Emotion and performance (Carla Fernandes);
12. Assignments' presentation I
13. Assignments' presentation II
14. Final discussion.

**21. Bibliografia recomendada/*Recommended reading:* (máx. 5 títulos. Por ordem decrescente de data de edição.)**

1. Graça da Silva, S. (ed)(2018). *New Interdisciplinary landscapes in Morality and Emotion*. London;New York:Routledge.
2. Graça da Silva, S. (ed). (2016) *Morality and Emotion: (Un)conscious Journey to Being*: London&New York: Routledge.
3. Gottschall, J. *The Storytelling Animal: How Stories Make Us Human*. Boston: Houghton, 2012
4. Frevert, U. *Emotions in History: Lost and Found*. CEU Press, 2011.
5. Prinz, J. J. *The Emotional Construction of Morals*. OUP, 2007



**22. Métodos de ensino/*Teaching Methods:***

Expository seminar with space for debate and discussion of theoretical concepts and case studies, promoting an active participation of students. The course will interlink theoretical and practical approaches.

**23. Métodos de avaliação/*Assessment methods:***

- Attendance, including active participation and discussion in class (30%);
- Project assignment, consisting in a written description (max 10 pages) of a project related to any of the fields covered in the course from a moral/emotional perspective (50%);
- oral presentation (20%).

**24. Língua de ensino/*Teaching language:* Inglês/English**